

## School Social Work Office Must Haves



School Social Work  
Association of America

### All Ages

- CONFIDENTIALITY SIGN
- Visual cues and supports
- Snacks
- Art supplies
- Fidgets and sensory toys
- Kinetic Sand, Playdough, Thinking Putty
- Age appropriate games (example: Uno, Jenga, puzzles, connect 4, Candyland)
- Weighted stuffed animals or blankets
- Affirmation cards or visuals
- Backpacks, hygiene kits or any other supplies not otherwise provided by the school or donations
- Pillows and stuffed animals
- Anything to do with building (Legos, logs, blocks, etc..)
- Hourglass or visual timer

### Little's

- 50 Mindfulness Activities for Kindness, Focus and Calm
- Puppets
- Doll house, action figures, toy soldiers, mini figures
- Feelings poster or feelings dolls/stuffies

### Middles & Teens

- Notebooks/journals to give to clients
- Mindfulness or Mandala coloring pages or books
- Family Resource Sheets
- Thank you cards (for middle or teen to write a thank you note to anyone they need/practice gratitude)
- Colorful erasers ("Erasing Negative Thoughts")
- Emotion Cards, Feelings Wheel, Coping Skills/Self-Care Skills Worksheets
- Positive Affirmation Box
- College and Work Pathways Posters (not just only focused on college as only choice)

### Splurge Items

- Coffee maker or electric kettle
- Mini fridge
- Diffuser or wax warmer or anything that can add scent to room
- Laminator
- Paper Shredder
- Yoga ball or other neurodivergent friendly seating options
- Plants
- Lamps and string lights
- White noise machine
- Space heater or fan
- Comfy chairs and spaces (example: beanbag chairs, big pillows, throw blanket)
- Bluetooth speaker for calming music
- Bins to organize your items